

OCCUPATIONAL THERAPY

360 Southwest With 360 Southwest

What is Occupational Therapy?

360 Southwest offers comprehensive Occupational Therapy services to individuals of all ages who require support in improving their physical, cognitive, and emotional well-being. With a team of highly skilled and experienced Occupational Therapists, 360 Southwest is committed to helping clients achieve their maximum level of independence and participation in their everyday activities.





At 360 Southwest, Occupational Therapy services are provided in a client-centred manner, taking into account each individual's unique needs, goals, and preferences. The therapists work closely with clients to assess their abilities, challenges, and environmental factors that may impact their daily functioning. Through a collaborative approach, personalised intervention plans are developed to address specific areas of concern and promote overall well-being.

Evidence Based Intervention

The Occupational Therapy services offered by 360 Southwest encompass a wide range of areas, including activities of daily living (ADLs), sensory integration, fine motor skills, visual perception, cognitive skills, vocational rehabilitation, and assistive technology. The therapists utilise evidence-based interventions and innovative techniques to enhance clients' independence, productivity, and quality of life.

Tailored to meet your needs

Whether it's helping children with developmental delays to improve their motor skills and sensory processing, assisting adults in regaining their independence after an injury or illness, or supporting older adults in maintaining their functional abilities, 360 Southwests Occupational Therapy services are tailored to meet the unique needs of each client.

Experts in their field

360 Southwest Occupational Therapists are not only experts in their field but also compassionate professionals who genuinely care about their clients' well-being. They provide a safe and supportive environment where individuals can feel comfortable and empowered to work towards their goals. The therapists also collaborate with other healthcare professionals, educators, and caregivers to ensure a holistic and coordinated approach to client care.

Commitment to Excellence

With a commitment to excellence and a passion for helping individuals reach their full potential, 360 Southwest is dedicated to providing high-quality Occupational Therapy services that make a positive difference in the lives of their clients. Whether it's promoting independence, enhancing functional abilities, or improving overall well-being, 360 Southwests Occupational Therapy services are designed to empower individuals and support them in leading meaningful and fulfilling lives.

